

**SUDS**  
Techniques: what they are, and the multiple benefits they deliver

**John Stack, Dublin City Council**

# Agenda



What are the issues?



Effects of Urbanisation



Sustainable approach to stormwater management



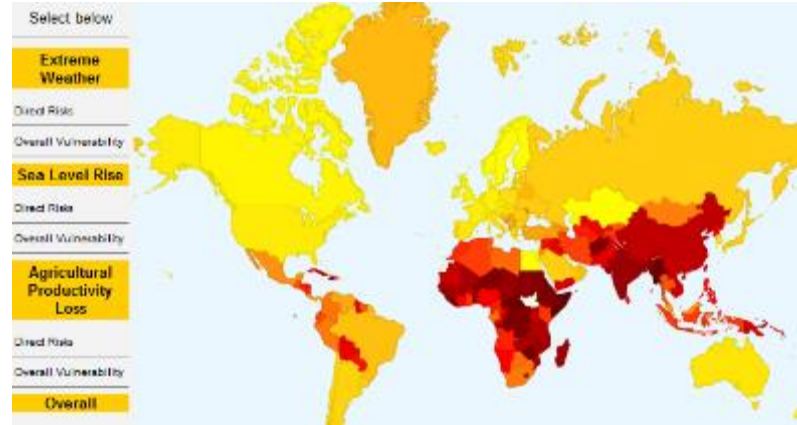
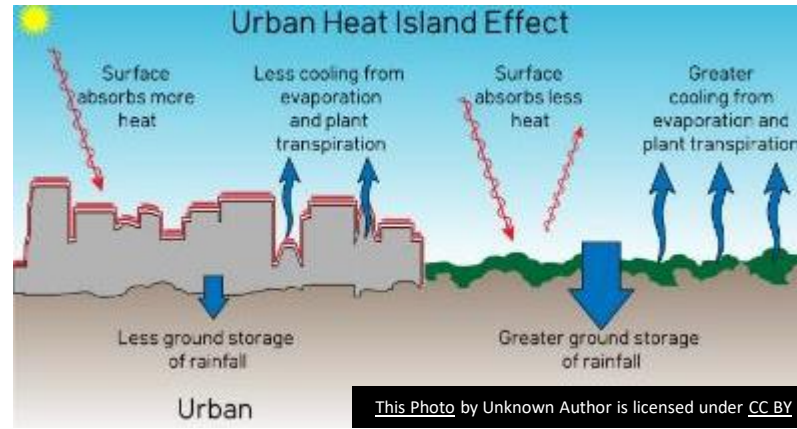
NWRM Examples



Design Considerations



Summary

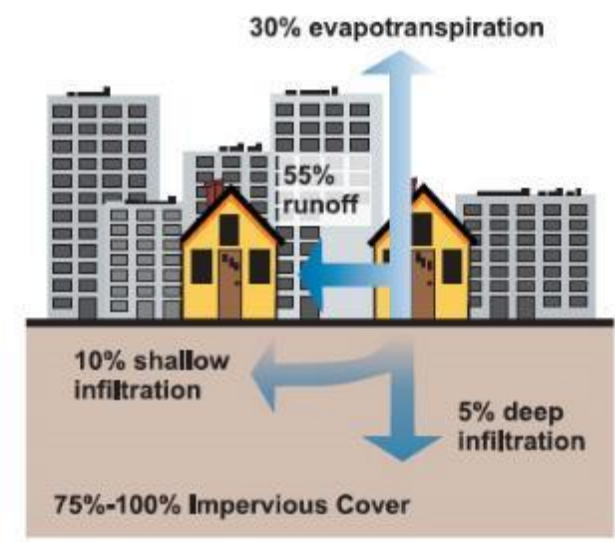
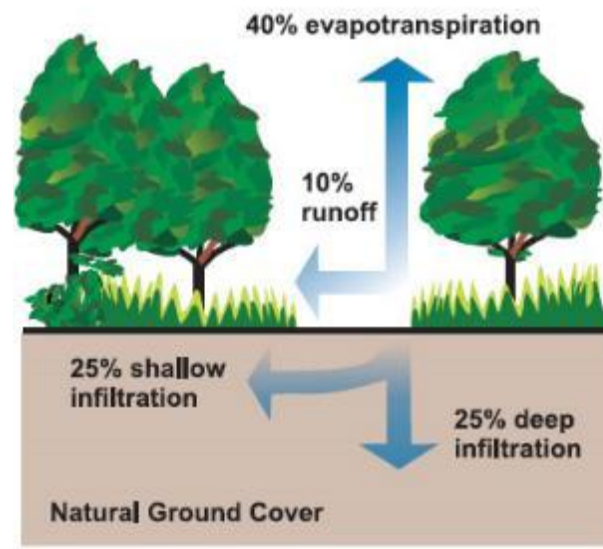


# What are the issues?

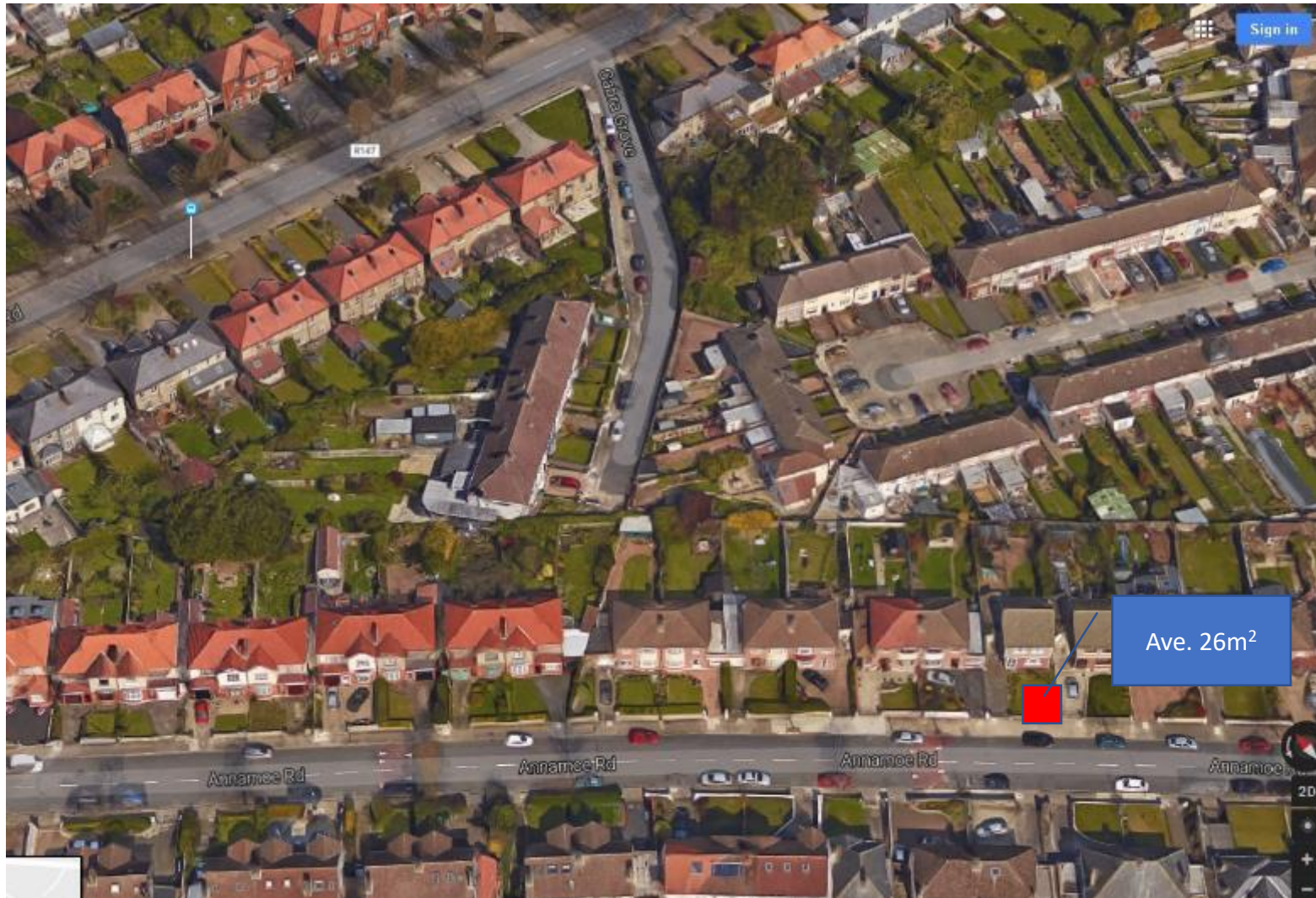
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# Urbanisation



# 'Urbanisation is NOT just the outward expansion of the city



## Internal Urban Creep:

- Developing existing green sites within the urban area
- Paving front/back gardens, extensions, adding garden sheds, etc.

### Paving front gardens:

c. 132,000 houses in Dublin  
AAF = 750 mm/yr

If 20% of these pave their front garden, that's 686,400 m<sup>2</sup> new impervious area

x  
2.54 cm (1") of rainfall  
=

**approx. 17,500 m<sup>3</sup> additional runoff**

(it's over 87,000 m<sup>3</sup> if they all do it)

# Pluvial Flooding, River Santry, Dublin



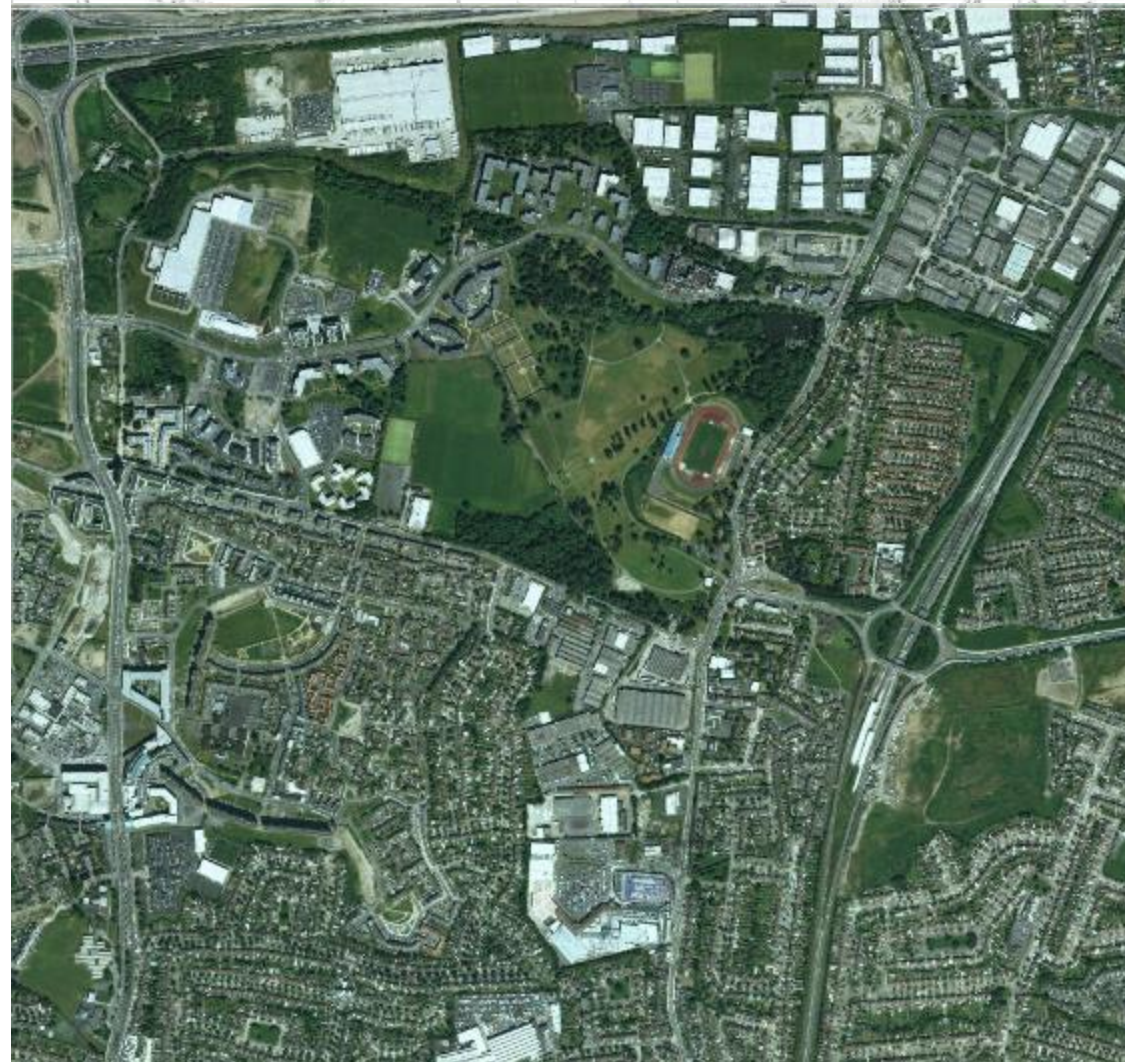
# Urban Runoff & Water Quality

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- Le Fevre et al, 2015
  - “wide variety of pollutants”
  - ...at levels high enough to have a deleterious effect....”
  - Toxic metals, suspended solids, pathogens, nutrients, hydrocarbons frequently found at elevated levels
- McGrane, 2014
  - Emerging priority pollutants
- Flint and Davis, 2007
  - Most of the load is delivered in the 1<sup>st</sup> flush
- McGrane, 2016
  - Mobilisation of contaminants expedited through increased surface runoff and hydraulic efficiency



# Habitat and Biodiversity Loss



# Impact of urbanisation on habitat loss

- McKinney, 2002

- Urban development has a major impact on habitat, ecology and biodiversity
- Persistent and likely to expand into other local ecosystems

- Seto et al, 2015

- Complex relationship between urbanisation and biodiversity
- Landcover change is the biggest direct impact
- Indirect impacts

# A Sustainable Approach



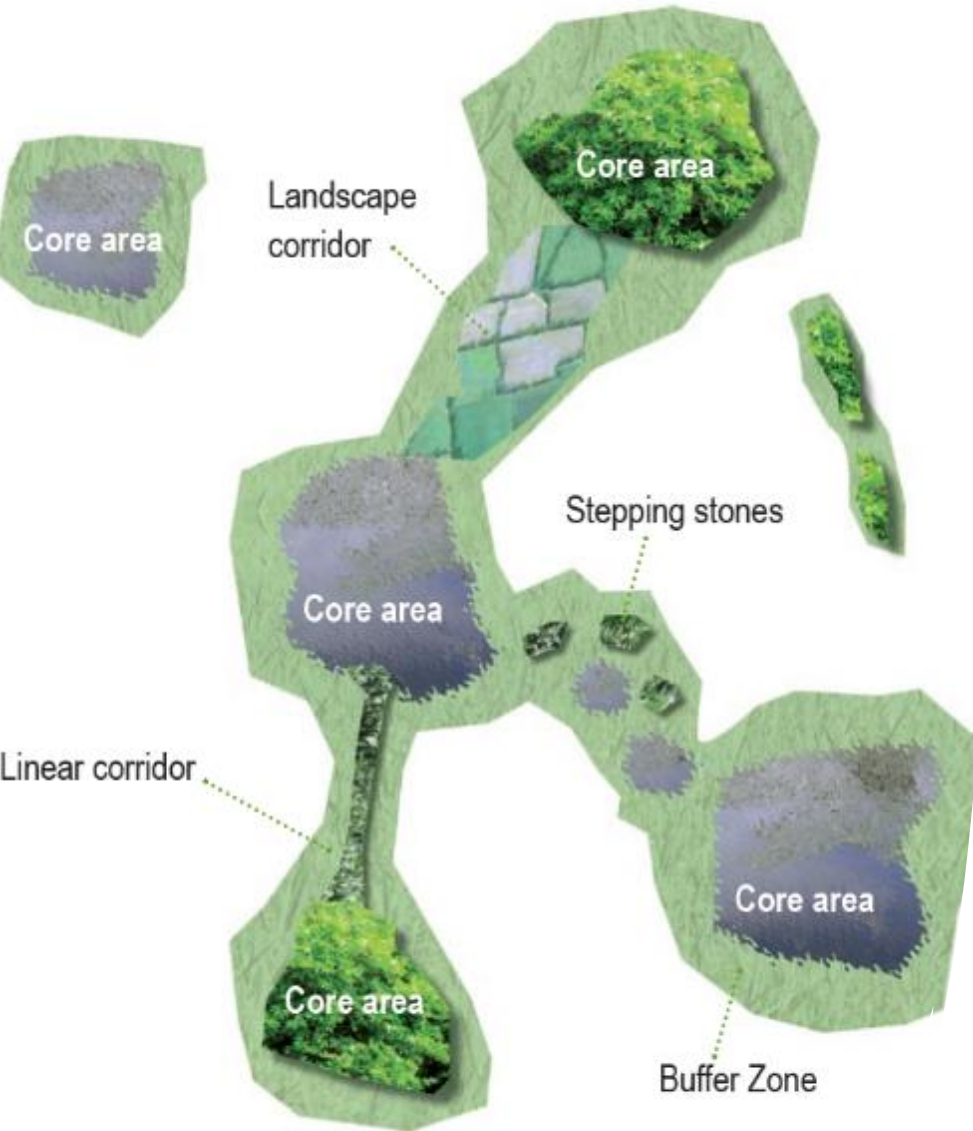
Green Infrastructure



Natural (Nature-Based) Water  
Retention Measures

# Green Infrastructure

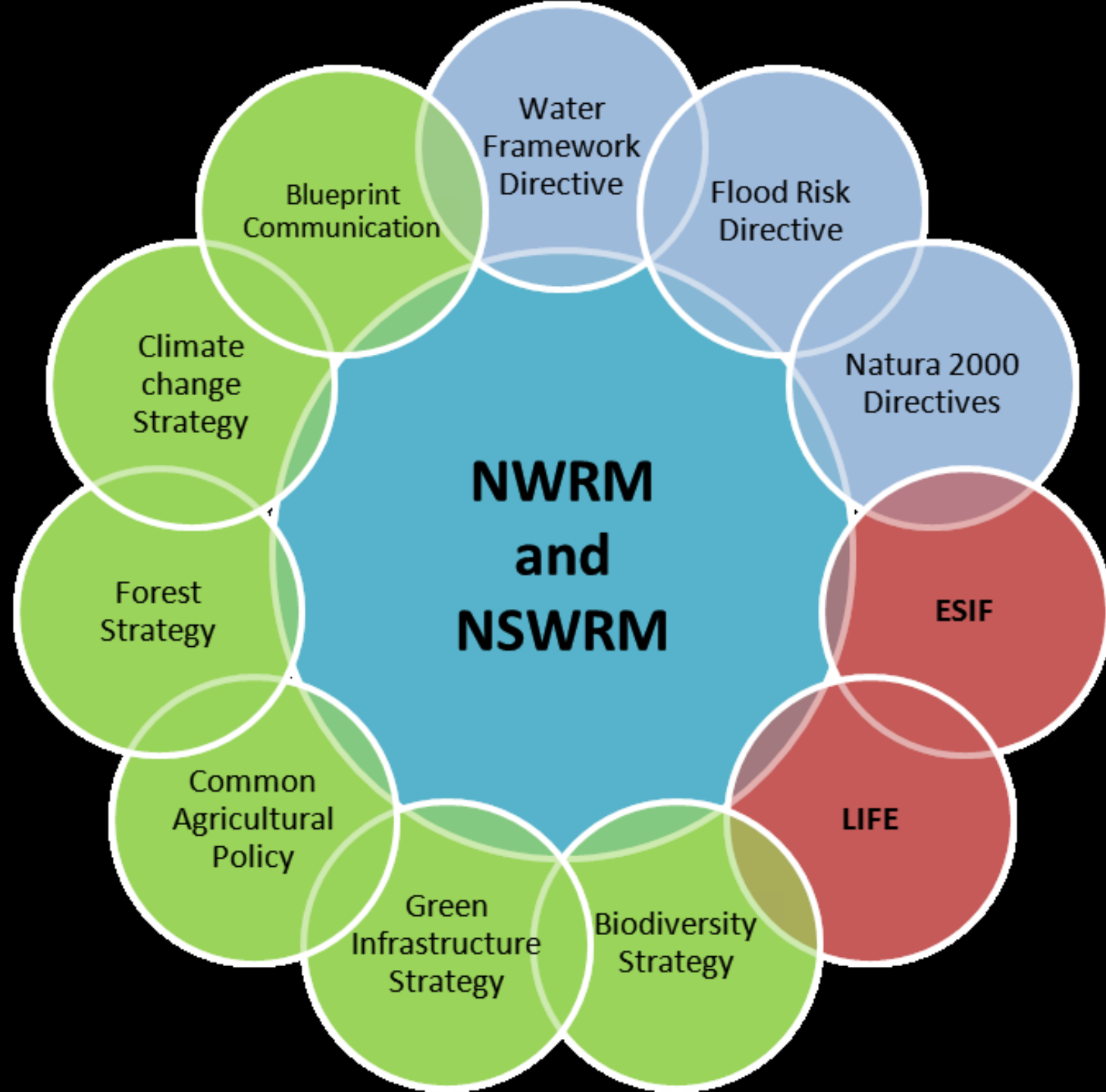
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- “An interconnected network of natural areas and other spaces that:
  - Conserves natural ecosystem values and functions
  - Sustains clean air and water
  - Provides a wide array of benefits to people and wildlife”
- *Benedict and McMahon, 2006*

# Natural Water Retention Measures

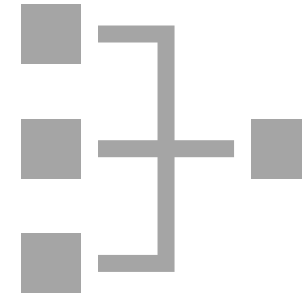
- “...multi-functional measures intended to protect and manage water resources using natural means and processes, *therefore building up green infrastructure....*”
- *WFD CIS Working Group Programme of Measures, 2014*



# Key point



Green Infrastructure is a  
**FRAMEWORK**



NWRM is a methodology



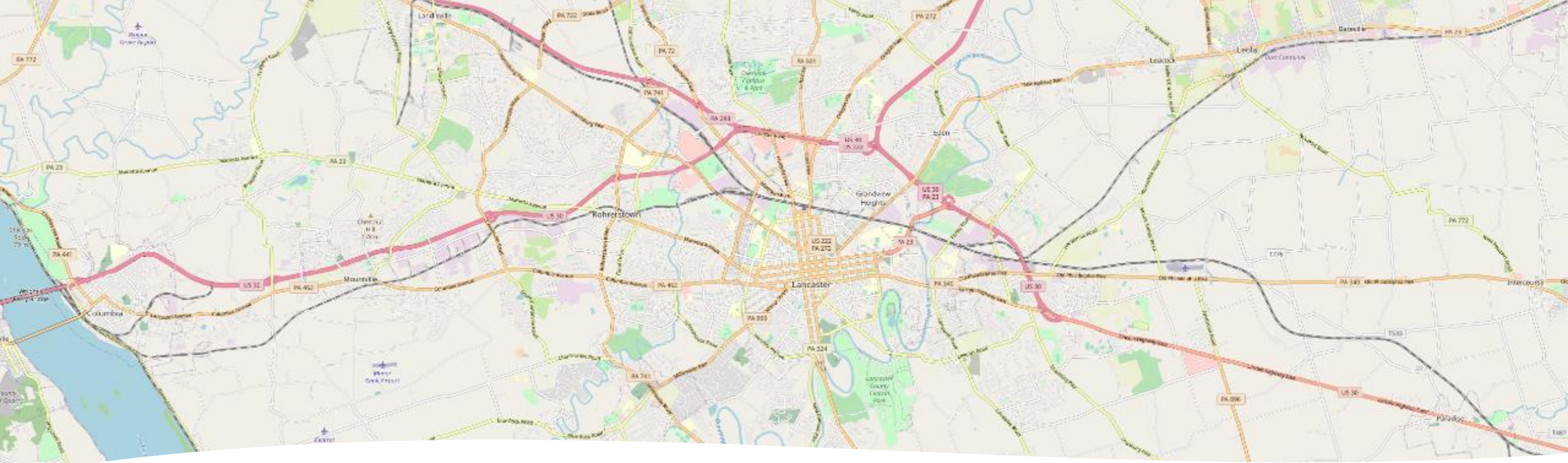
# GI as a Framework

- Ellis, 2013
  - Need for development planning process to integrate SUDS drainage infrastructure within the context of a multi-purpose greenspace network
  - Consider infrastructure needs and provision as **the first step** in the spatial planning process.
- Therefore, **neither GI nor NWRM can be an add-on**

# Multiple Benefits of GI/NWRM

	Benefit categories in 2019 version
Monetized benefits	Air quality
	Amenity
	Asset performance
	- Pumping wastewater and stormwater
	- Treating wastewater
	Biodiversity and ecology
	Building temperature
	Carbon reduction and sequestration
	Education
	Enabling development
	Flooding
	Quantity of water
	- Flow in waterbodies
	- Groundwater recharge
	- Rainwater harvesting
	Health and wellbeing
	Noise
Recreation	
Traffic calming	
Water quality	
Non-monetised	Crime
	Economic growth





# Example: Lancaster, PA, USA

- GI plan would provide approx.
  - \$4.2 m in energy, air quality and climate related benefits annually
- Un-costed, benefits
  - reduced urban heat island effect,
  - increased property value,
  - reduced noise pollution,
  - increased recreational value,
  - habitat improvement,
  - public education, and
  - community cohesion



# NRWM Examples

For Urban Areas



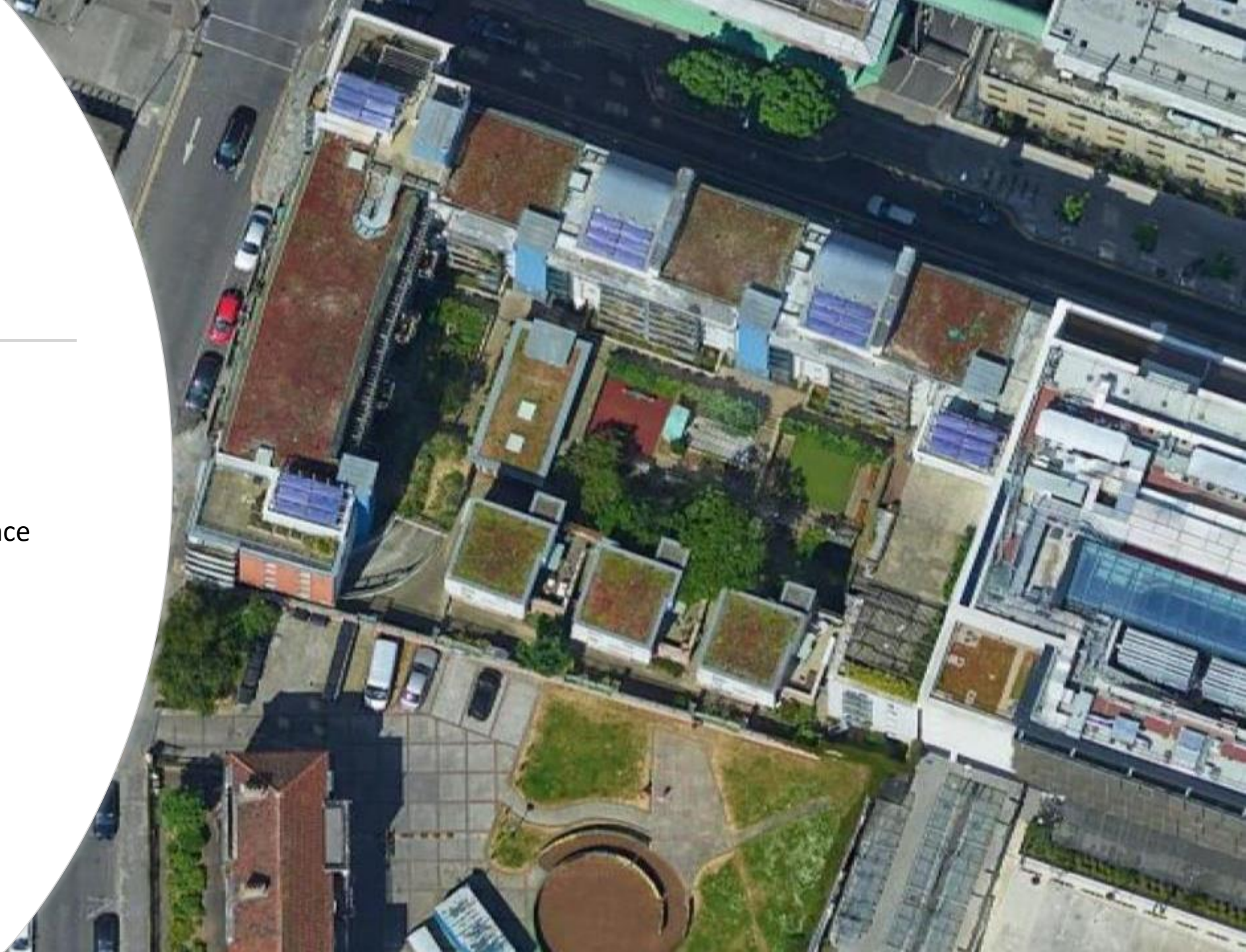
Comhairle Cathrach  
Bhaile Átha Cliath  
**Dublin City Council**



## Green Roofs

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- Roof/Roof Section that is vegetated
- Comprises several layers
- Require very little maintenance



# Green Roof – peak flow reduction rates

Study	Location	Runoff reduction (%)	Peak Flow reduction (%) or Peak delay (min)
Kohler et al. (2002)	Germany	60-79	
Hutchinson et al. (2003)	Oregon, USA	69 (10-100)	up to 93% for single event
Moran et al. (2003)	North Carolina, USA	60 (10-100)	85%
Berndtsson et al. (2005)	Sweden	51 (30-80)	
VanWoert et al.(2005)	Michigan, USA	60.6 (52.4-96.2)	up to 100% for single event
VanWoert et al.(2005)	Michigan, USA	65.9-70.7 (59.5-97.1)	
Carter and Rasmussen (2006)	Georgia, USA (model)	50–90	18 min (compared to conventional roof)
Getter et al. (2007)	Michigan, USA	80.8 (57.1-95.5)	
Hathaway et al. (2008)	North Carolina, USA	64	>75% (average)
Bliss et al. (2009)	Pennsylvania, USA	5–60	5–70% (compared to conventional roof)
Fioretti et al. (2010)	Italy	68 (5–99)	89% average (50-100% single events, compared to modeled conventional roof)
Voyd et al. (2010)	New Zealand	66	91% average 93% median (33-100% for single events)
Buccola and Spolek (2011)	Oregon, USA	20–65	4–8 min
Carpenter and Kaluvakola (2010)	Michigan, USA	68.25	88.86%
Lin et al. (2012)	Singapore	11.4	65%
Stovin et al. (2012)	Sheffield, UK	50.2 (0.0-100.0)	60% (20-100% for single events)
Carroll (2013)	New York, USA	36-61	
Wong et al. (2013)	Kuala Lumpur, Malaysia		24%
Locatelli et al. (2014)	Denmark (model)	43–68	0–40 min
Wong and Jim (2014)	Hong Kong	38.9-45.3*	25-35 min, 40.6-56.3%
Lee et al. (2015)	South Korea	13.8-60.8	
Zhang et al. (2015)	China	68.0 (38.8-100)	

**Peak flow reduction 24 to 91%**

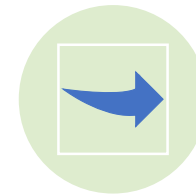
# Green Roof – Pollutant Removal



Few studies with conflicting results



Roof age, use of fertilizer, substrate type, vegetation type all impact effectiveness



Temporary increase in nutrient runoff if new green roof is fertilised



Can act as a protective layer on, e.g. metal roofs, decreasing pollution runoff from them



Greatly extend the lifespan of existing roofs



Several benefits for biodiversity if done right

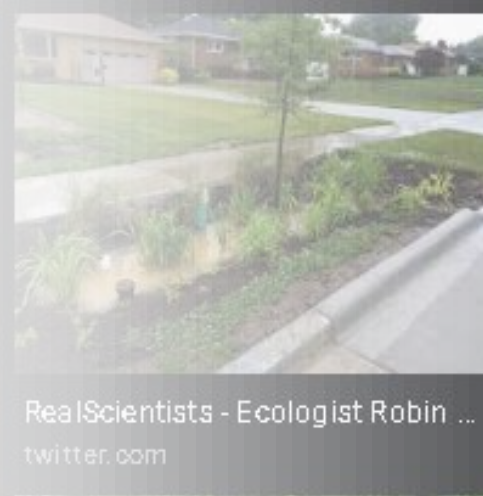
# Bioretention Cells/Rain Garden

- Area designed to collect runoff from impervious surfaces
- Site is graded to cause stormwater to flow into garden



# Benefits

- Peak flow reduction > 80%
- Reduces pollutant load of intercepted runoff
- Small in size – approx. 150 m<sup>2</sup> for 0.25 ha surface area
- Evapotranspiration significant
- Aesthetic appearance



RealScientists - Ecologist Robin ...  
twitter.com



Filtterra@ Bioretention – Contech...  
sweets.construction.com



Dry Run Creek Watersh...  
cleanwateriowa.org

tion cell Archives - Smar...  
with.org



Filtterra@ Bioretention System Ac...  
businesswire.com



Ideas Become a Reality: Student...  
vtwatershedblog.com



Prairie Hill Cohousing...  
prairiehillcohousing.blog



g a parking lot with biore...  
in.com



Rainscaping • Iowa Stormwater ...  
lowastormwater.org



# Bioretention Cells – Hydraulic Efficiency

Reference	Location	Description	Bioretention Design				Catchment Characteristics		Hydrologic Performance	
			Media Composition	Media Depth (cm)	Bioretention Surface Area (m <sup>2</sup> )	IWS Depth (cm)	% Catchment Impervious	Catchment Surface Area (ha)	Peak Flow Reduction (%)	Runoff Volume Reduction (%)
Willard et al., 2017	Virginia, USA	Clay Liner	88% sand, 8% fines, 4% OM	180	35	150	96	0.16	82	84
Olszewski and Davis., 2013	Maryland, USA		54% sand, 46% fines	65	102	none	**	0.37	83	79
Brown and Hunt, 2011	North Carolina, USA		96% sand, 4% fines	110	146	88	76	0.22	**	89
				110	146	58	76	0.22	**	93
				96	142	72	72	0.25	**	98
				96	142	42	72	0.25	**	100
Debusk and Wynn, 2011	Virginia, USA		88% sand, 8% fines, 4% OM	180	35	150	96	0.17	99	97
Hathaway et al., 2011	North Carolina, USA		87% sand, 4% silt, 4% clay	60	55	none	100	0.1	**	63
			88% sand, 5% silt, 5% clay	25	54	none	98	0.05	**	61
Davis, 2008	Maryland, USA	Lined Cell	50% sand, 30% topsoil, 20% OM	90	28	none	100	0.24	44	52
				120	28	90	100	0.24	63	65
Hunt et al., 2008	North Carolina, USA		Loamy sand, 6% fines	120	229	none	99	0.37	97	**
Hunt et al., 2006	North Carolina, USA		Organic sand	120	10	none	**	0.2	**	72

\*\* no values given in study, OM = organic matter,

# Bioswales

- Vegetated channels or trenches
- Designed to intercept overland sheet flow
- Very common in car parks
- Can be seen as linear bioretention cells

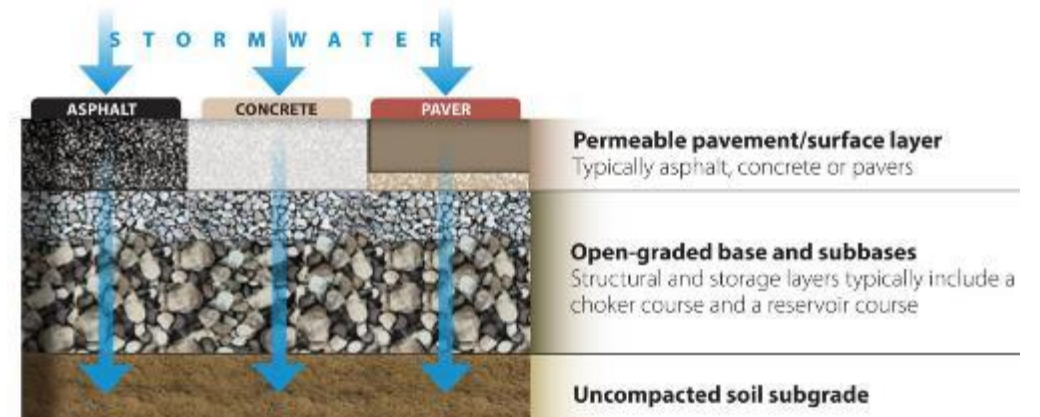


# Bioswales – performance

- Davis et al (2012) – Hydraulic Performance
  - Run-off completely retained in smallest 40% of storms
  - Run-off reduced in the next 40% of storms
  - Conveyance and limited reduction in the largest 20% of storms
    - Due to soil saturation
- Pollutant Removal
  - High for TSS (up to 97%)
  - Moderate to high efficiency for TN and TP
  - Limited for metals removal
- Biodiversity
  - Increases urban biodiversity, even better than traditional urban gardens and parklands
  - Tree planting within bioswales further improves biodiversity

# Pervious paving

- Specially designed pavement system that allows water to infiltrate through rather than becoming runoff
- Stone reservoir provides temporary storage to allow infiltration to subsoil
- Many different types
  - Porous asphalt
  - Interlocking pavers



# Pervious Paving - Performance

- Hydraulic performance varies substantially
- All can reduce peak flow to some degree
- Bean et al (2007)
  - 37 out of 40 sites had infiltration rates > 25 mm/hr
- Pollutant Removal
  - TSS – 80 – 90% removal rate
  - TP – varies, 20 – 78%, median 45.9%
  - TN – not so good, but....
  - Toxic metals – good removal rates, 65% - 84%
- Road Safety
  - Reduced noise (Golebiewski et al, 2003)
  - Enhanced tyre grip due to rougher macro-texture (Kudo and Ida, 2013)



# Tree Trenches and Tree Pits



- Single tree or series of trees in a trench system connected by an underground filtration structure
- Often described as mini-bioretenion cells
- Rain partially intercepted by tree canopy, surface runoff intercepted by roots and evapotranspirated, or infiltrated
- Can have overflow to drainage network

# Tree Pits and Tree Trenches – Hydraulic Performance

Philadelphia—  
standard tree  
trench has  
capacity of 2,400  
US Gallons

Species	Reported rainfall retention (%)	Foliage present	Crown area index	Rainfall intensity (mm/hr)	Location	Reference
Citrus	6–9	Yes	– <sup>a</sup>	38–61 <sup>b</sup>	Fort Pierce, FL	Li et al. (1997)
<i>Citrus limon</i>	27	Yes	3.0	11–14 <sup>b</sup>	San Francisco, CA	Xiao and McPherson (2011)
<i>Eucalyptus nicholii</i>	44	Yes	3.9	14 <sup>f</sup>	Melbourne, Australia	Woolley et al. (2014)
<i>Eucalyptus saligna</i>	29	Yes	3.0	14 <sup>f</sup>	Melbourne, Australia	Lesley et al. (2014)
<i>Fagus grandifolia</i>	31	Yes	5.5	0.8, 1.6 <sup>c</sup>	Brussels, Belgium	Staelens et al. (2008)
<i>Fagus grandifolia</i>	10	No	– <sup>a</sup>	0.6, 1.4 <sup>c</sup>	Ghent, Belgium	Staelens et al. (2008)
<i>Ficus benjamina</i>	60	Yes	– <sup>a</sup>	1.2–1.6 <sup>c</sup>	Queretaro City, Mex.	Guevara-Cobarrubias et al. (2007)
<i>Ginkgo biloba</i>	38	Seasonal	5.2	11–14 <sup>b</sup>	San Francisco, CA	Xiao and McPherson (2011)
<i>Liquidambar styraciflua</i>	14	Seasonal	–	11–14 <sup>b</sup>	San Francisco, CA	Xiao and McPherson (2011)
<i>Pyrus calleryana</i>	15	No	–	1–28	Eden, CA	Xiao et al. (2000)
<i>Pseudotsuga menziesii</i>	49	Yes	– <sup>a</sup>	1.1, 13.3 <sup>c</sup>	Vancouver, BC	Asadian and Weiler (2009)
<i>Quercus suber</i>	7	Yes	3.4	–2	Davis, CA	Xiao et al. (2000)
<i>Thuja plicata</i>	8	Yes	– <sup>a</sup>	1.1, 13.3 <sup>c</sup>	Vancouver, BC	Asadian and Weiler (2009)
Coniferous—summer <sup>e</sup>	81.7	Yes	–	1.2	Vancouver, BC	Asadian (2010)
Coniferous—winter	71.4	Yes	–	–	–	–
Deciduous—summer	67.1	Yes	–	–	–	–
Deciduous—winter	45.8	No	–	–	–	–
Maples (at 8% tree canopy cover)	14 <sup>d</sup>	Seasonal	1.9	32–38 <sup>b</sup>	Raleigh, NC	Inkilainen et al. (2013)

Then add in retention, infiltration and storage capacity of the trench itself

<sup>a</sup> Crown area index not provided.

<sup>b</sup> Rainfall intensity not given; 90% confidence interval of rainfall intensity provided by NOAA Atlas 14 Point Precipitation Frequency Estimates for the 1-year, 60-min rainfall event (<http://hdsc.nws.noaa.gov/hdsc/pfds>).

<sup>c</sup> Average rainfall intensity over the period of study and maximum 60-min event intensity, respectively.

<sup>d</sup> Stormwater storage capacity average assuming stemflow of 0.5% and 2.0%.

<sup>e</sup> Summer is defined as data collected between April and October, and winter is between November and March.

<sup>f</sup> Rainfall intensity not given; average recurrence interval of rainfall intensity for the 1-year, 60-min rainfall event provided by Australian Government, Bureau of Meteorology Rainfall IFD Data System (<http://www.bom.gov.au/water/designRainfalls/ifd/>).

# Tree Pits and Tree Trenches – Pollutant Removal

- Performance due to phytoremediation, media adsorption, absorption and filtration
- Varied performance depending on design, tree type used, substrate used, etc.
- TSS – 63.4 – 87.5%
- TP – 50 – 60%
- TN – 40 – 50%

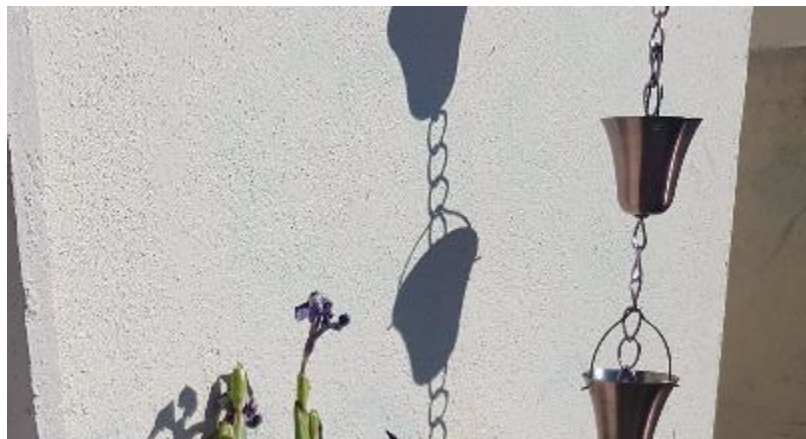
# Tree Pits and Tree Trenches – Secondary benefits

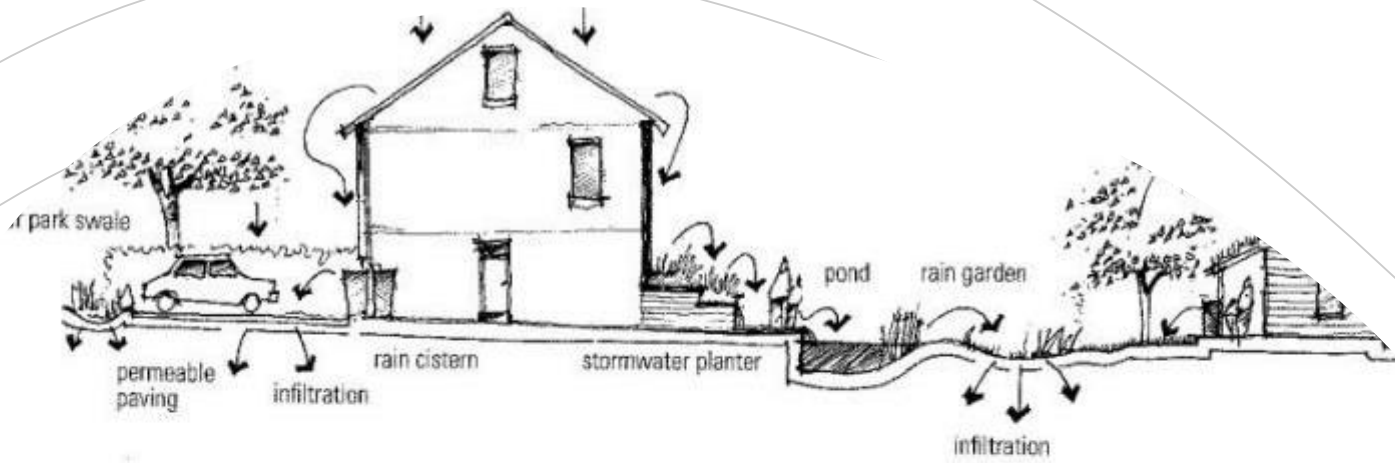
- Positive impact on property values
- People's physical and mental health
- Biodiversity
- Contributes to reduced thermal/heat island effects

## For the householder

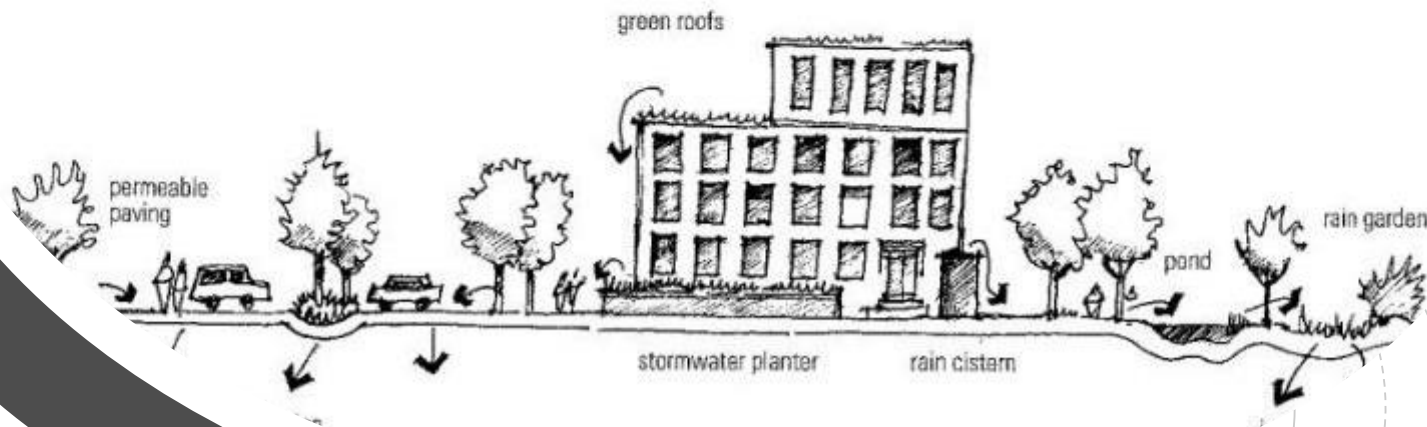


- Water butts
- Rainwater planters
- Rain gardens
- Green Roofs

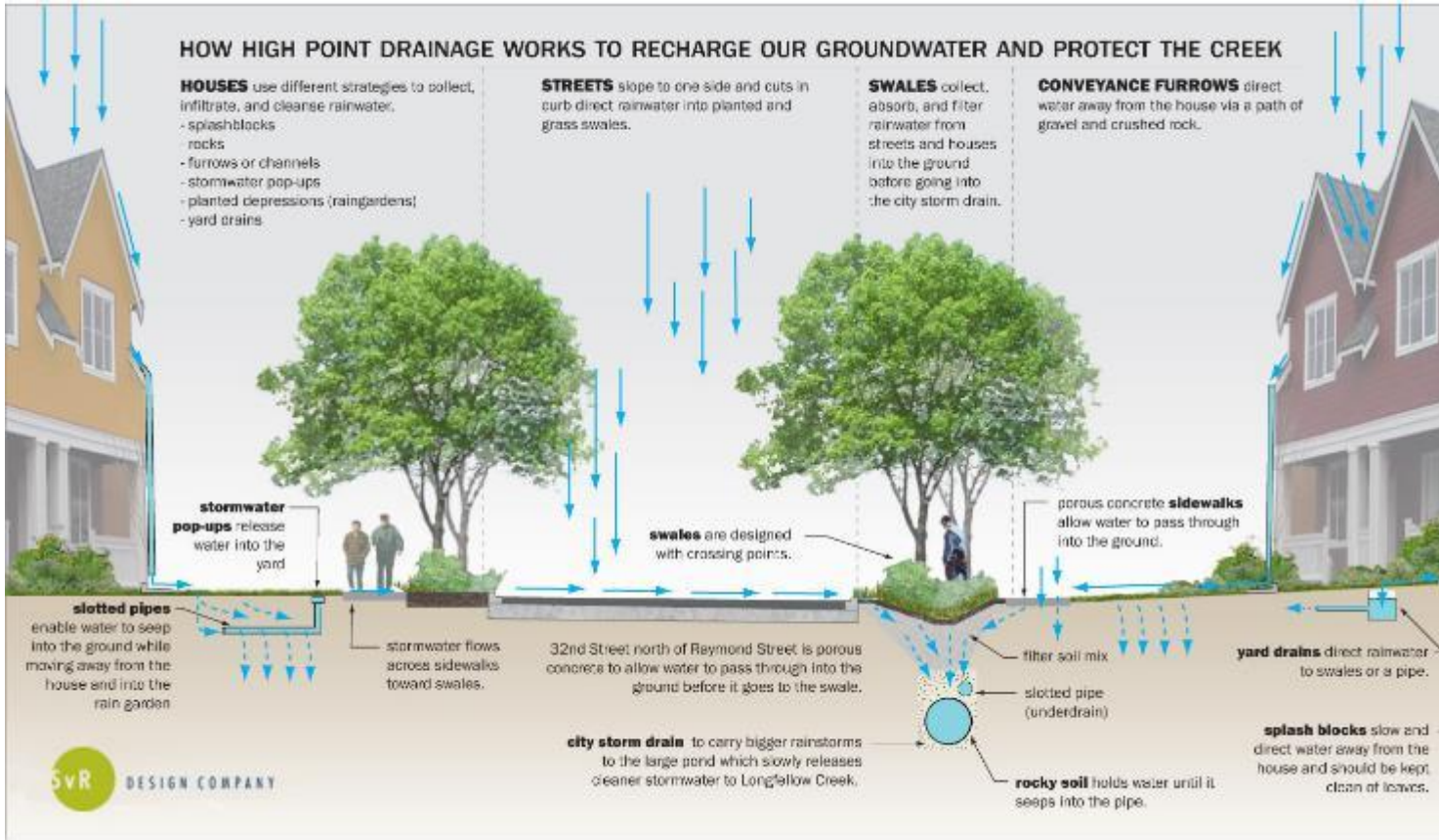




## Design Considerations



## Bioretention and The Stormwater Chain



- Prevention of runoff
- Retention techniques
- Detention facilities
- Conveyance techniques

## 4 Elements of the Stormwater Chain

# Objectives of Bioretention



REDUCE THE AMOUNT OF IMPERVIOUS SURFACES  
IN ORDER TO REDUCE RUNOFF



UTILISE THE LANDSCAPE AND SOILS TO NATURALLY  
MOVE, STORE AND FILTER STORMWATER RUNOFF  
BEFORE IT LEAVES A SITE

NWRM must  
be properly  
designed

Article

## When Green Infrastructure Turns Grey: Plant Water Stress as a Consequence of Overdesign in a Tree Trench System

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**Abstract:** Green infrastructure (GI) systems are often overdesigned. This may be a byproduct of static sizing (e.g., accounting for a design storm's runoff volume but not exfiltration rates) or may be deliberate (e.g., buffering against performance loss through time). In tree trenches and other GI systems that require stormwater to accumulate in an infiltration bed before it contacts the planting medium, overdesign could reduce plant water availability significantly. This study investigated the hydrological dynamics and water relations of an overdesigned tree trench system and identified factors contributing to, compounding, and mitigating the risk of plant stress. Water in the infiltration bed reached soil pits only once in three years, with that event occurring during a hydrant release. Moreover, minimal water was retained in soil pits during the event due to the hydraulic properties of the soil media. Through a growing season, one of the two tree types frequently experienced water stress, while the other did so only rarely. These contrasting responses can likely be attributed to roots being largely confined to the soil pits vs. reaching a deeper water source, respectively. Results of this study demonstrate that, in systems where soil pits are embedded in infiltration beds, overdesign can raise the storm size required for water to reach the soil media, reducing plant water availability between storms, and ultimately inducing physiological stress.

**Keywords:** evapotranspiration; green infrastructure; HYDRUS-2D; leaf water potential; low impact development; optimization; overdesign; stomatal conductance; simulated runoff test; static sizing; stormwater control measure; tree trench

### 1. Introduction

The use of green infrastructure (GI) to control non-point pollution associated with stormwater has been written into law by municipalities around the world [1–3]. Such laws protect surface water bodies in and adjacent to urban areas from contaminants transported by stormwater as well as those released during combined sewer overflow events [4]. By reducing the volume of stormwater entering combined sewer systems, GI lowers pollutant loading, runoff velocity, and peak flow rates [5]. Although GI systems need not be vegetated, plants and soils can contribute substantially to volume reduction, in particular by enhancing rates of evapotranspiration (ET), interception, and infiltration [6–9]. Evapotranspiration is arguably the most effective of these processes with respect to volume reduction; studies using weighing lysimeters have found that 50% of incident precipitation can be removed by

- Under-design can cause plant stress and poor performance
- Overdesign can also cause plant stress due to drought conditions
- Size v Number consideration



"Don't worry, the ground water here is clean."

## Design Integration with landscape

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- Stormwater chain incorporated into the existing landscape
- Catchment scale
- Development site scale
- Single house scale

# Maintenance



NWRM tend to require very little maintenance



Maintenance costs must be compared with the cost of managing traditional drainage infrastructure, roadways



Community engagement can also contribute, e.g. litter picking, vegetation management, etc.



Real issue with Maintenance – who's budget?

# Safety

- Same River Channel Pre- and Post-Restoration
- Which is easier to get out of?



Prior to works part of the channel through Inch Park was brick lined – April 2006



© AECOM

The new course of the Braid Burn through Inch Park after two years. Marginal vegetation has established well and natural processes have enhanced the

Architectural blueprints are shown on the left side of the slide, featuring various technical drawings, dimensions, and annotations in black ink on a light background. The drawings include floor plans, sections, and details with numerous numerical values and lines.

# Role for Planners

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- Planning is crucial to delivering SuDS
- Coordination Role - how to incorporate SuDS into the built environment
  - Housing density requirements
  - Human needs v Ecological/Natural needs
- Ensuring multiple benefits are realised
- Importantly, GI at the right scale and at the right time
  - GI planning must be planned strategically
    - Not at Planning Application scale

# Summary

- Must distinguish between GI and NWRM
- Achieving multiple benefits necessary to maximise the use of NWRM
- Whole range of NWRM elements that planner and developers can consider
- Working *with* the landscape is key to successful utilisation of NWRM
- Multi-disciplinary, systemic approach essential

Thank you.

